



Yovan Ras Capsule TM

SAFE, ACTIVE & EFFECTIVE PATENT AYURVEDIC PROPRIETARY MEDICINE



Yovan Ras Capsules are used to boost energy level, male libido Enhancer and premature ejaculation treatment. This product is believed to increase the vigor and vitality, holistic health and imparting the stamina of stallions to the users. This is the reason why these capsules are very helpful in enhancing the stamina, mood and energy in a completely safe way. If all the organs of body are doing well then taking Yovan Ras Capsules can be very beneficial as it helps in concentrating semen and curing impotence, it also provides erectile strength and enhances the duration of sex.

Medicine should be such that it should make our body robust, strong & it should revive our puberty because if our body entire functions correctly then the process of making of food juice, blood, flesh, fat, bone, marrow and semen will be appropriately. As ghee cannot be seen in the milk inspite of its presence and it has to be extracted by some process; similarly shukra is also present in the body and when the body's internal organs do not perform the appropriate action then the proportionate amount of semen could not be produced.

Indications:- Depressed libido, Impotence, Unsatisfactory performance in sexual life, Premature ejaculation, Loss of vitality, Sexual neurasthenia, Sexual weakness in the elderly people.

Ayurvedic View of ED (Erectile Dysfunction):- Erection requires a sequence of events. ED can occur when any of the event gets disturbed; Nerves impulses in the brain, spinal column, around penis, Response in muscles, fibrous tissues, veins, arteries, Injury to any of these parts of this sequence i.e. nerves, arteries, smooth muscles, fibrous tissues) can cause ED, The "Shukra" (element which helps in reproduction) is present all over the body. As Ghee is present in milk in an invisible form. This is extracted from milk using many processes. Same way, shukra (semen) comes out of the body only during the process of Ejaculation. But it needs a joyful union of mind and body. Decrease in the production of shukra causes ED.

Health Benefits:- It increases vigor and stamina level, boost energy level, work as mood enhancer, It is a non-hormonal, safe and effective aphrodisiac and has no cardiovascular side effects, It works as a male libido enhancer and can be used by the people of any age group, These capsules work for the premature ejaculation treatment and corrects it, It improves the vitality and the strength, It assists the users in overcoming the erectile dysfunction, These capsules rejuvenate the mind as well as increase the stamina and boost energy level, This product helps in building the muscular strength in order to increase the energy and the stamina, It uplifts the mood, improves blood circulation, It offers complete relief from the nervous exhaustion and fatigue. Yovan Ras Capsule makes body strong & healthy along with semen to thicken and also raises the mood. It eliminates fatigue and regulates blood circulation. This drug cures impotence, increases sexual activity, prevents sperm presence in urine, eliminates sexual weakness etc.

Nowadays the use of many modern drugs has been boosted to increase libido whose effect in formation of semen work but only for a while; semen in the body might not be available in the right quantity as these modern drugs do not help in increasing it constantly. Semen can only be increased via improving our body functions not via taking Sudnofil (Modern Chemical) as it has several side effects. Majority of the people being unaware of the side effects of modern chemicals have to face various ill effects on the body sooner or later.

Side effects of taking Allopathic Medicines (Sudnofil) :- Headache; stuffy nose; back pain; dizziness; muscle pain; upset stomach; redness, warmth, tingy feeling while flushing; Heartburn; sudden onset hearing loss; prolonged erections; decreased liver function; BP Problem in patients with Cardiovascular problems; Hives (red patches on skin); Nausea; sweating; chest pain/pressure; vision changes or sudden vision loss; irregular heartbeat; Diarrhea; swelling in your hands, ankles, feet; shortness of breath; seizures; light headed feeling; Bladder pain; cloudy/bloody urine; Indigestion; Anxiety; Increased frequency of urine; behavioral changes; cold sweats/chills; bone pain; cool/pale skin; dryness/dry mouth/dry eyes; excessive hunger; eye pain; fever; numbness of hands; nightmares; shakiness.

Causes:- Blood vessel diseases (such as peripheral vascular disease and others), systemic disease, hormonal imbalance, and medications (such as blood pressure and heart medications), Lifestyle Factors and Emotional Disorders, Cardiac-Related Conditions, Nerve disorders, Diabetes, smoking, depression, circulatory problems.

Diseases that cause ED: Neurological disorders, Hypothyroidism, Parkinson's disease, Anemia, Depression, Arthritis, Endocrine disorders, Diabetes, Cardiovascular diseases.

Reasons for the occasional Non-performance:- Overeating and being obese, Alcohol, smoke or drug abuse, Guilt of extramarital relationship, Pressure to perform with an extramarital partner, Overwork, Anxiety & Tension, -Lack of exercise, Diabetes, Cardiac Problems, As drugs are not meant to correct disorders; hence they disrupt normal sexual functioning leading to Dysfunction issues, Using too much diuretics, anti-hypertensives, anti-convulsants, Stress, Fatigue, Relationship problems (lack of Interests). Benefits of having efficient sex lead to the birth of a healthy child, eradicates depression, quality of life gets better as couple stay happy, high immunity, young lives, brings glow on face.

Diet Plan :- Some of the most highly recommended food for sexual stamina: Figs, Peanuts, Garlic, Bananas, Blueberries, Chocolate, cocoa, pistachio, watermelon.

Men are also advised to follow a diet to increase their stamina on a regular basis, which includes foods like Fresh fruits, especially strawberries, plums, peaches, mangoes, figs, coconuts, bananas, apples, raspberries, pomegranates, pears, papayas, grapes, dates, cherries and apricots.

Vegetables that have an aphrodisiac effect on the body include eggplant, cucumbers, carrots and corn. Other vegetables that are also highly recommended in a diet for sexual erectile dysfunction include garlic, tomato, beans, garlic, onions, spinach, turnips, soybeans, peppers

Nut and seeds, being good sources of protein, help boost sex drive and therefore, pine seeds, pumpkin seeds, sunflower seeds, almonds, walnuts, hazelnuts are all good for sexual health.

Apart from following a healthy diet, it is important for people to make certain lifestyle changes too, which can help improve their sexual health. Stress reduction techniques, such as meditation, deep breathing and yoga also massage therapy are all great for increasing sexual drive and performance. People should make it a point to get an adequate amount of rest, sleep and relaxation, to decrease sexual problems. Leading a sedentary lifestyle is one of the major contributors to sexual problems, in men and women. Hence, getting an adequate amount of exercise each day can be very useful in improving overall health, which also includes sexual health.

PRECAUTIONS: Care yourself through;- Healthy Lifestyle Habits, getting regular exercise, maintaining low blood pressure, eating a healthful diet, maintaining a healthy weight, avoiding alcohol and cigarettes, Avoid Alcohol and Drugs

Recommendations while undergoing treatment: Reduce Smoking and Drinking, Get plenty of exercise, Eat a healthy diet, Plan a sexual activity for a time when you both have energy, willingness, safe environment and sufficient time of sex, Try having sex at the morning instead of at the end of a busy day, Avoid too much medications

Dosage: It is advisable to take 1-4 capsule daily, preferably with milk or as advised by the physician and if you are not ill than you can also take it once a day to stay fit and healthy.

If the body's internal organs do not work efficiently or have internal weakness, then intake of Rasayan along with Yovan Ras is advisable (which is available in powder form as Power Win). Effects of Rasayan on the body - such as increasing Immunity, fix other diseases, improve digestion and other bodily functions, causing the body to absorb juice from food efficiently and then help in the production of Blood, muscles, bone, marrow and ultimately semen. If internal organs of the body do not work properly then this medicine shall not work efficiently. For instance if digestive power is low then the effect of this medicine shall get reduced and the medicine will be defecated out form the bowel without being digested completely.

Yovan Ras capsules has such natural ingredients which enhance semen and condense its elements and if it is taken with Power win powder then the overall body becomes muscular, libido rich and robust. The combination of Yovan Ras and Power Win work on the root of the body's weakness and it does take little time i.e. 6-8 months but the overall benefit you get after taking it is unbelievable. Nowadays, modern medicines work for a very short time and later its adverse effects on the body have to be borne by us only as it makes our body hollow from inside.

Note :- If the penis is short, loose, skinny or weak then it is highly advised to apply Yovan Ras Oil on it. Note : Follow literature strictly and contact our helpline **07355775537** for any type of queries.